

Legacy Café

PODCAST

8 Story Starters that Connect Families at the Holiday Dinner Table

You'll know from many Legacy Café Podcast conversations that 'story' is a big part of legacy. Your story. Your loved one's story. The stories of legacies built that connect people and make them happier.

Lots of stories are told at the dining room table. But sometimes those conversations become a bit... divisive. Politics. World events. Moral issues. Some of us aren't ready to talk about those issues... and sometimes there's more arguing than listening.

Here's a way to change the conversation... eight topics everyone can talk about. And they have big benefits: these topics *connect* us, we *learn* things about each other we never knew, there's *laughter*, *tears*... and we leave that dining room table *closer to each other than we thought possible*.

Here are those eight story-starters

1. An EVENT that affected me
2. A PERSON that affected me
3. A MOVIE that affected me
4. A BOOK that affected me
5. An EXPERIENCE I'm determined to have
6. A SKILL I will learn
7. An EFFECT I want to have on the world
8. A PREDICTION I'll make

You'll soon find out that you, your family and friends have great stories to tell.

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["How Will You Be Remembered?"](#)

[The Definitive Guide to Creating and Sharing your Life Stories](#)